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August 2026

Clubhouse Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug 3 CLOSED	Aug 4	Aug 5	Aug 6	Aug 7	Aug 8
BC DAY Clubhouse Closed 	Self-Compassion: 10–11 AM *Book Club: 2–3 PM Meditation: 3 PM Walking Group: 3–4 PM	*Pool Buddies: 10:30 AM *Open Arms Café Lunch: 12 PM (Smokies + Salad)	*Softball: 12:30–2:30 PM Fit for Life w/ Armin: 1–2 PM Colouring: 1–3 PM	<u>*Finance Clinic:</u> <u>9:30 AM–3:30 PM</u> *Smoothie Club: 1:30 PM <u>Special Edition Art Club:</u> <u>Canvas Swap 1:30-3 PM</u> *Pitch-In-Kitchen: 3–6 PM	*Saturday Social BBQ + Patio Games 10 AM–4 PM [LP]
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14	Aug 15
8:30 AM–4 PM Yoga w/ Shanice: 11 AM *Community Group: 10 AM–3PM, Granville Island [BYOF] *Young Adults: 2–4 PM Game Night [SP]	8:30 AM–4 PM Self-Compassion: 10–11 AM *Book Club: 2–3 PM Meditation: 3 PM Walking Group: 3–4 PM	8:30 AM–4 PM *Pool Buddies: 10:30 AM Adopt-A-Spot 11 AM *Open Arms Café Lunch: 12 PM (Grilled Cheese + Fries) *Wellness Wednesday: 1:30 PM Freezes and Affirmations <u>Workshop w/August: 3 PM</u>	12–4 PM *Softball: 12:30 PM–2:30 PM Fit for Life w/ Armin: 1–2 PM Colouring: 1–3 PM 	8:30 AM–6 PM Members Meeting: 1 PM *Smoothie Club: 2 PM Art Club: 2–3 PM *Pitch-In-Kitchen: 3–6 PM (Burgers + Salad)	
Aug 17	Aug 18	Aug 19	Aug 20	Aug 21	Aug 22
8:30 AM–4 PM Yoga w/ Shanice: 11 AM *Community Group: 9:30 AM–2 PM, Oakridge Mall [BYOF]	8:30 AM–4 PM Self-Compassion: 10–11 AM <u>*Hiking Group with Mel/Shawn:</u> <u>TBD, see poster for details</u> *Book Club: 2–3 PM Meditation: 3 PM Walking Group: 3–4 PM	CLOSED <u>INTER-CLUBHOUSE PICNIC</u> Bear Creek Park, Surrey 11AM – 2PM Be at Clubhouse for 10 AM 	12–4 PM *Softball: 12:30 PM–2:30 PM Fit for Life w/ Armin: 1–2 PM Colouring: 1–3 PM	8:30 AM–6 PM *Smoothie Club: 1:30 PM Art Club: 2–3 PM *Pitch-In-Kitchen: 3–6 PM (Hawaiian Chicken) 	Fun fact: Humans share roughly 60% of their genes with bananas!!!
Aug 24	Aug 25	Aug 26	Aug 27	Aug 28	Aug 29
8:30 AM–4 PM Yoga w/ Shanice: 11 AM *Community Group: 11 AM–3PM, Thrifting @ United Blvd [BYOF] *Young Adults: 2–4 PM Coquitlam Centre Food Court [NVC \$5]	8:30 AM–4 PM Self-Compassion: 10–11 AM *Kitchen Skills: 12-2 PM (Greek Salad & Bruschetta) <u>Tie Dye w/ Veronica + Sareena:</u> <u>TPM (bring your own shirt)</u> *Book Club: 2–3 PM Meditation: 3 PM Walking Group: 3–4 PM 	8:30 AM–4 PM *Pool Buddies: 10:30 AM Adopt-A-Spot 11AM *Open Arms Café Lunch: 12 PM (Turkey + Swiss Croissant) *Wellness Wednesday: 1:30 PM Protein Balls [S2] <u>Workshop w/August: 3 PM</u> Cheque Issue Date	12–4 PM <u>*Softball Wrap-Up Event:</u> <u>12:30 PM</u> Fit for Life w/ Armin: 1–2 PM Colouring: 1–3 PM 	8:30 AM–6 PM <u>Tie Dye Shirt Day!!</u>  *Smoothie Club: 1:30 PM <u>Poker Tournament 1–3 PM</u> Art Club: 2–3 PM *Pitch-In-Kitchen: 3–6 PM (Philly Cheese Steaks)	*Member Led Saturday Social Tina Vietnamese Café 11:30 AM 789 Carnarvon street New West [NVC \$5]
Aug 31					
8:30 AM–4 PM Yoga w/ Shanice: 11 AM *Community Group: 10 AM–3PM, Old Orchard Park [LP] *Young Adults: 2–4 PM Walk to Lions Park		“I am different, not less” - Temple Grandin	Calendar Legend: [LP]: Lunch Provided [BYOF]: Bring Your Own Food [SP]: Snack Provided [NC]: No Cost [NVC]: New View Covers... (\$)	Calendar Legend: <u>Underlined and Italicized:</u> new/restarting program. *Starred: sign-up is needed. You can contact any Clubhouse staff for sign-up.	Do you prefer a digital copy of the calendar? You can find it on our website, or sign-up to be on our email list.

Groups and Program Descriptions for August



- **Adopt-a-Spot** — Lead: Jennifer B — In-Person — A supported volunteer opportunity to join a small group removing litter near the river. All supplies provided. A chance to give back to the community & have a positive impact on the environment.
- **Art Club** — Lead: Melayna — In-Person — A self-directed group where you can choose what kind of art you want to do. Do you want to paint? Do you want to draw? Do you only want to sit and socialize? It's your choice!
- **Book Club** — Lead: Natasha — Hybrid — *This Month's Book is TBD*. Members read the text at home, and we come together once a week as a group to discuss thoughts, interpretations, and questions.
- **Colouring Group** — Lead: Member-Led — In-Person — Join us for this relaxing activity. We have supplies ready, however you are welcome to bring your own as well!
- **Community Group** — Lead: Zelda — In-Person — Come join us in exploring the community together through meet-ups at the park and other various excursions!
- **Fit for Life** — Lead: Member-Led (Armin) — In Person — Come join local support worker, Armin, to learn how to cultivate better physical health with new habits and exercises. Don't know where to begin but motivated to try? Come join on Thursdays!
- **Finance Clinic** — Lead: Otilia/Lyndsay — In Person — Do you have questions for the CRA/Ministry/Service Canada? This is the perfect opportunity to get these answered.
- **Interclubhouse Picnic** — Lead: Various — In-Person — This is part of a picnic series where each clubhouse hosts a picnic in their area, open to other clubhouses!
- **Hiking group** — Lead: Melayna — In Person — Join Mel and Student Staff Shaun for an outdoor adventure in the community! See poster or contact Melayna for more details.
- **Kitchen Skills** — Lead: Melayna — In-Person — Build your confidence in the kitchen! A smaller group for closer instruction. You eat what you cook! Cost: \$4. Sign-up and registration is needed by Monday @ 10 AM.
- **Meditation** — Lead: Member-Led (Wes) — Hybrid — Come relax your mind and body through guided meditation practice.



Staff Contact List Reception: 604-941-3222

Name	Position	Ext.	Email & Work Cell
Chantelle Burga	Executive Director	102	execdir@newviewsociety.ca
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Donna Bonertz	Housing Manager	110	dbonertz@newviewsociety.ca
Otilia Kozelj	Clubhouse Manager	204	chmanager@newviewsociety.ca
Justin Falletta	Clubhouse Staff	211	jfalletta@newviewsociety.ca 236-858-0027
Natasha Moloney	Clubhouse, Young Adults Coordinator	305	nmoloney@newviewsociety.ca 672-335-0944
Zelda Hunt	Clubhouse, Kitchen Operations	122	zhunt@newviewsociety.ca 236-808-3917
Melayna Vergara	Clubhouse, Pre-Employment Services	106	mvergara@newviewsociety.ca 672-335-0382
Sareena Clay	Clubhouse Staff		sclay@newviewsociety.ca 672-335-1027
Veronica Mundell	Clubhouse Staff		vmundell@newviewsociety.ca 236-833-6086
Emerald Osagie	Iris House Coordinator	300	eosagie@newviewsociety.ca

- **Member's Meeting** — Lead: Otilia — Hybrid — A great opportunity for members to voice their suggestions, thoughts, and ideas on Clubhouse programming.
- **Ministry Q&A w/ Lyndsay** — Lead: Otilia — In-Person — This is an opportunity for members to ask ministry-related questions at the Clubhouse. Come in the day of and make an appointment with Otilia to see Lyndsay.
- **Open Arms Café Lunch** — Lead: Zelda — In-Person — Members come together for a nice lunch! Cost is \$5. Ext. 221 for sign-up. Sign-up by Wednesday @ 10:30 AM.
- **Pitch-in-Kitchen** — Lead: Zelda — In-Person — Members come together for a nice dinner every Friday! The cost for the meal is \$5 for those who help with a chore, or \$8.25 otherwise. Ext. 221 for sign-up.
- **Pool Buddies** — Lead: Melissa — In-Person — Swim Laps, Chill in the Hot tub, or enjoy the lazy river. This group gives you free access to Hyde Creek Pool
- **Poker Tournament** — Lead: Member led (Prakash) — Join the members of clubhouse for a fun non competitive poker game, winner gets a prize!
- **Saturday Social** — Lead: Zelda/Melayna/Member-Led (Flo & Angela) — In-Person — This is an inclusive social activity group that meets on Saturdays!
- **Self-Compassion Group** — Lead: Justin — In-Person — Build inner-strength, self-acceptance, and resilience through learning and practicing self-compassion.
- **Smoothie Club** — Lead: Natasha — In-Person — Natasha and a couple of members have fun making a different smoothie each week. The cost is \$1.
- **Softball** — Lead: Justin — In-Person — Open to all skill levels. Non-Competitive and lots of fun! This will be hosted by New View, New Leaf, and Stepping Stones.
- **Tie Dye Day** — Lead: Veronica & Sareena — In Person — Please wear your recent tie dye creations made at New View, if you didn't tie dye at clubhouse, but still want to participate, that would be great too! Wear tie dye, get a treat!
- **Walking Group** — Lead: Member-Led (Angela) — In-Person — Members go out for a light, relaxing stroll around Port Coquitlam.
- **Wellness Wednesdays** — Lead: Natasha — In-Person — Group discussion, practice, or an activity related to one's wellness takes place each week.
- **Workshop With August** — Lead: Otilia — In-Person — Join Registered Social Worker August for these drop in sessions. A new topic will be explored every session.
- **Young Adults Group** — Lead: Natasha — In-Person — Young Adults, ages 19-31, come together for an inclusive social activity—dinners, games, and community excursions!
- **Yoga with Shanice** — Lead: Member Led (contact: Sareena) — In Person — Weekly yoga sessions focusing on movement for wellness, open to all levels of ability.