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# April 2026

## Clubhouse Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Calendar Legend:</b>	<b>Calendar Legend:</b>	<b>Apr 1 8:30 AM—4 PM</b>	<b>Apr 2 12—4 PM</b>	<b>Apr 3 8:30 AM—8 PM</b>	<b>Apr 4</b>
<u><i>Underlined and Italicized:</i></u> new/restarting program. *Starred: sign-up is needed. You can contact any Clubhouse staff for sign-up.	[LP]: Lunch Provided [BYOF]: Bring Your Own Food [SP]: Snack Provided [NC]: No Cost [NVC]: New View Covers... (\$)	*Pool Buddies: 10:30 AM *Open Arms Café Easter Lunch: 12 PM (Ham + Scallop Potatoes) *Movie + Chill: 1—3:30 PM [SP] 	Healthy Living: 1—3 PM Gym Group @ Poco Rec Colouring: 1—3 PM WORLD AUTISM awareness DAY 	<b>GOOD FRIDAY</b> CLUBHOUSE CLOSED	
<b>Apr 6 8:30 AM—4 PM</b>	<b>Apr 7 8:30 AM—4 PM</b>	<b>Apr 8 8:30 AM—4 PM</b>	<b>Apr 9 9:30 AM—4 PM</b>	<b>Apr 10 8:30 AM—8 PM</b>	<b>Apr 11</b>
<b>EASTER MONDAY</b> CLUBHOUSE CLOSED 	Self-Compassion Group: 10—11 AM *Book Club: 2—3 PM Meditation: 3 PM Walking Group: 3—4 PM	*Pool Buddies: 10:30 AM *Adopt-a-Spot: 11 AM—12 PM *Open Arms Café Lunch: 12 PM (BBQ Burgers + Fries) Wellness Wednesday: 1:30 PM Managing Triggers	<b>CLUBHOUSE CLOSED</b> 	Muffin Morning: 8:30 AM *Ministry Q&A: 9 AM—12 PM *Smoothie Club: 1:30 PM Art Club: 2—3 PM *Pitch-in-Kitchen: 3—6 PM (Beef Burritos + Tater Tots) Coffee House: 6—8 PM	*Saturday Social: 11 AM—5 PM, Vancouver Canadians Baseball Game [Cost \$10] (See poster for more details)
<b>Apr 13 8:30 AM—4 PM</b>	<b>Apr 14 8:30 AM—4 PM</b>	<b>Apr 15 8:30 AM—4 PM</b>	<b>Apr 16 12—4 PM</b>	<b>Apr 17 8:30 AM—8 PM</b>	<b>Apr 18</b>
Yoga w/ Shanice: 11 AM *Community Group: 9:30 AM—3 PM, Harrison Tulip Festival *Young Adults: 12—4 PM <u>Easter Lunch &amp; Activities collab w/ Epi + Echo [NC]</u>	Self-Compassion Group: 10—11 AM *Book Club: 2—3 PM Meditation: 3 PM Walking Group: 3—4 PM 	*Pool Buddies: 10:30 AM *Open Arms Café Lunch: 12 PM (Pesto Gnocchi with Sausage) *Safe Zone: 1—3PM, Part 1	Healthy Living: 1—3 PM Gym Group @ Poco Rec Colouring: 1—3 PM	Muffin Morning: 8:30 AM Members Meeting: 1 PM *Smoothie Club: 1:30 PM Art Club: 2—3 PM *Pitch-in-Kitchen: 3—6 PM (Chicken Broccoli Alfredo) Coffee House: 6—8 PM	
<b>Apr 20 8:30 AM—4 PM</b>	<b>Apr 21 8:30 AM—4 PM</b>	<b>Apr 22 8:30 AM—4 PM</b>	<b>Apr 23 12—4 PM</b>	<b>Apr 24 8:30 AM—8 PM</b>	<b>Apr 25</b>
Yoga w/ Shanice: 11 AM *Community Group: 11 AM—3 PM, Deer Lake Walk [BYOL] *Young Adults: 2—4 PM, PoCo Bowl [Cost \$5]	Self-Compassion Group: 10—11 AM *Book Club: 2—3 PM Meditation: 3 PM Walking Group: 3—4 PM	*Pool Buddies: 10:30 AM *Adopt-a-Spot: 11 AM—12 PM *Open Arms Café Lunch: 12 PM (Lazy Dumplings) *Safe Zone: 1—3 PM, Part 2 Cheque Issue Date	<b>CLUBHOUSE CLOSED</b> 	Muffin Morning: 8:30 AM *Smoothie Club: 1:30 PM Art Club: 2—3 PM, *Pitch-in-Kitchen: 3—6 PM (Mongolian Beef Noodles) Coffee House: 6—8 PM	*Member Led Saturday Social 11:30 AM Gordon Ramsey Burger (2080 United Blvd Coquitlam) [NVC \$5]
<b>Apr 27 8:30 AM—4 PM</b>	<b>Apr 28 8:30 AM—4 PM</b>	<b>Apr 29</b>	<b>Apr 30</b>		
Yoga w/ Shanice: 11 AM *Community Group: 11 AM—2 PM, Crave Bistro Walk [NVC \$3] *Young Adults: 2—4 PM, Games Night [SP]	Self-Compassion Group: 10—11 AM Kitchen Skills: 12—2 PM (Tacos) *Book Club: 2—3 PM Meditation: 3 PM Walking Group: 3—4 PM	*Pool Buddies: 10:30 AM *Open Arms Café Lunch 12 PM (Breakfast for Lunch) *Wellness Wednesday: 1:30 PM Smoothie Bowls [NC]	Healthy Living: 1—3 PM Gym Group @ Poco Rec Colouring: 1—3 PM *Safe Zone Alumni Movie Hangout: 1—3:30 PM [SP]		Do you prefer a digital copy of the calendar? You can find it on our website, or sign-up to be on our email list.

# Groups and Program Descriptions for April



- **Adopt-a-Spot** — *Lead: Jennifer B* — In-Person — A supported volunteer opportunity to join a small group removing litter near the river. All supplies provided. A chance to give back to the community & have a positive impact on the environment.
- **Art Club** — *Lead: Melayna* — In-Person — A self-directed group where you can choose what kind of art you want to do. Do you want to paint? Do you want to draw? Do you only want to sit and socialize? It's your choice!
- **Pool Buddies** — *Lead: Melissa* — In-Person — Swim Laps, Chill in the Hot tub, or enjoy the lazy river. This group gives you free access to Hyde Creek Pool
- **Book Club** — *Lead: Natasha* — Hybrid — *Empire of the Wild by Cherie Dimaline*. Members read the book at home, and we come together once a week as a group to discuss thoughts, interpretations, and questions.
- **Coffee House** — *Lead: Various* — In-Person — An evening of games, live music, great company, along with some free snacks and coffee.
- **Colouring Group** — *Lead: Member-Led* — In-Person — Join us for this relaxing activity. We have supplies ready, however you are welcome to bring your own as well!
- **Community Group** — *Lead: Zelda* — In-Person — Come join us in exploring the community together through meet-ups at the park and other various excursions!
- **Healthy Living** — *Lead: Sareena* — In-Person — From time at the gym to walks in the park, this group is a great opportunity to be active within your own community!
- **Kitchen Skills** — *Lead: Melayna* — In-Person — Build your confidence in the kitchen! A smaller group for closer instruction. You eat what you cook! Cost: **\$4**. Sign-up and registration is needed by Monday @ 10 AM.
- **Meditation** — *Lead: Member-Led (Wes)* — Hybrid — Come relax your mind and body through guided meditation practice.
- **Men's Group** — *Lead: Noah (Contact: Sareena)* — In-Person — A group for men to connect with each other through conversation and mutual activity.
- **Member's Meeting** — *Lead: Otilia* — Hybrid — A great opportunity for members to voice their suggestions, thoughts, and ideas on Clubhouse programming.
- **Ministry Q&A w/ Lyndsay** — *Lead: Otilia* — In-Person — This is an opportunity for members to ask ministry-related questions at the Clubhouse. Come in the day of and make an appointment with Otilia to see Lyndsay.

 <b>Staff Contact List</b> Reception: 604-941-3222			
Name	Position	Ext.	Email & Work Cell
Chantelle Burga	Executive Director	102	execdir@newviewsociety.ca
Darrell Roemer	Seniors Program Manager		droemer@newviewsociety.ca 236-818-1051
Helen Osagie	CLS Manager	115	hosagie@newviewsociety.ca
Donna Bonertz	Housing Manager	110	dbonertz@newviewsociety.ca
Otilia Kozelj	Clubhouse Manager	204	chmanager@newviewsociety.ca
Justin Falletta	Clubhouse Staff	211	jfalletta@newviewsociety.ca 236-858-0027
Natasha Moloney	Clubhouse, Young Adults Coordinator	305	nmoloney@newviewsociety.ca 672-335-0944
Zelda Hunt	Clubhouse, Kitchen Operations	122	zhunt@newviewsociety.ca 236-808-3917
Melayna Vergara	Clubhouse, Pre-Employment Services	106	mvergara@newviewsociety.ca 672-335-0382
Sareena Clay	Clubhouse, Referrals and Member Orientation		sclay@newviewsociety.ca 672-335-1027
Emerald Osagie	Iris House Coordinator	300	eosagie@newviewsociety.ca

- **Movie + Chill** — *Lead: Sareena* — In Person — Come watch a movie at the clubhouse with Sareena and the members! No cost, sign up is required! Movie: TBD
- **Muffin Morning** — *Lead: Donna & Helen* — In-Person — On Friday mornings people come together for freshly baked muffins and great conversation. No cost.
- **Open Arms Café Lunch** — *Lead: Zelda* — In-Person — Members come together for a nice lunch! Cost is **\$5**. Ext. 221 for sign-up. Sign-up by Wednesday @ 10:30 AM.
- **Pitch-in-Kitchen** — *Lead: Zelda* — In-Person — Members come together for a nice dinner every Friday! The cost for the meal is \$5 for those who help with a chore, or \$8.25 otherwise. Ext. 221 for sign-up.
- **Saturday Social** — *Lead: Zelda/Melayna/Member-Led (Flo & Angela)* — In-Person — This is an inclusive social activity group that meets on Saturdays!
- **Safe Zone** — *Lead: Natasha/Melayna* — In Person The SafeZone Project is a workshop providing education, activities, and resources for people wanting to learn more about sexuality, gender, and LGBTQ+ related topics. This is a closed group and sign-up is required beforehand. Two-part workshop.
- **Safe Zone Alumni Movie Hangout** — *Lead: Natasha & Melayna* — Casual afternoon for people who have taken Safe Zone previously and would like to hangout in a safe space and watch a movie together. Sign up required\*\*\*
- **Self-Compassion Group** — *Lead: Justin* — In-Person — Build inner-strength, self-acceptance, and resilience through learning and practicing self-compassion.
- **Smoothie Club** — *Lead: Natasha* — In-Person — \*\*NEW TIME 1:30 Pm\*\* Natasha and a couple of members have fun making a different smoothie each week. The cost is **\$1**.
- **Walking Group** — *Lead: Member-Led (Angela)* — In-Person — Members go out for a light, relaxing stroll around Port Coquitlam.
- **Wellness Wednesdays** — *Lead: Natasha* — In-Person — Group discussion, practice, or an activity related to one's wellness takes place each week.
- **Young Adults Group** — *Lead: Natasha* — In-Person — \*\*NEW TIME 2-4 PM\*\* Young Adults, ages 19-31, come together for an inclusive social activity—dinners, games, and community excursions!
- **Yoga with Shanice** — *Lead: Member Led (contact: Sareena)* — In Person — Weekly yoga sessions focusing on movement for wellness, open to all levels of ability.